

De La Salle Pastoral Centre



Ukraine: As we look at the intricate patterns on these **Ukrainian Easter eggs**, of former years, we pray for peace and that all enduring the war in Ukraine will receive Easter Blessings.

Easter Blessings..



January saw the start of our weekly **Morning Prayer** sessions. Each **Thursday at 8.30am** we have a ten minute quiet reflection on a piece of scripture. It gives us grace for the day ahead. [Click here to join us.](#)

Click to join us

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What do we pray about?

Many of the prayers composed by the young people have centred on the theme of the climate change, concern for animal habitats and our dependence on fossil fuels. Pope Francis' Encyclical '**Laudato Si'**' helps to show us our part in creation and encourages us to look after 'our common home'. Please click for the link to [Trocaire's short film on 'Laudato Si'](#).



Exciting New In-house and Outreach- Art Therapy

The De La Salle Pastoral Centre has been offering retreats for the past 20 years facilitating over 2000 young people each year. We are now in the happy position to offer **Art Psychotherapy** to individuals and small groups.

We are deeply aware of the urgent need to promote and support good mental health for both young people and adults, especially in today's world. **Margaret, the Director of our Pastoral Centre**, has gained a MSc Art Psychotherapy and is now facilitating Art Therapy counselling sessions. Please contact us for more details.



This busy term we welcomed our near neighbours St Teresa's PS, together with St Kieran's PS, St Joseph's PS Lisburn, St MacNissisi's PS Newtownabbey, St James PS Newtownabbey, St Ita's PS, St Colman's PS Lambeg and Good Shepherd PS Poleglass. Our fellow Lasallians the Year 8s from De La Salle College joined us in April and their Year 14s completed the 'Journey to the Heart' programme. We also visited the beautifully appointed Houben Centre to facilitate a retreat for Holy Cross Boys' PS.